

# Kemsing Village Activities.

This is a list of 24 Clubs/Organisations Using St Edith Hall.

1st Kemsing Rainbows,  
Badminton [mornings],  
Boxing Club  
Hamlet Dance Classes,  
Keep Fit with Kay  
Kemsing Gardeners Society  
Kemsing Singers  
Kemsing Scouts Jumble Sale  
Lunch Club  
Open Door:  
Pilates  
St Edith Club

3rd Kemsing Brownies,  
Badminton [evenings],  
Coffee Morning  
Kemsing Evening WI  
Kemsing Heritage Centre  
Kemsing Players  
Kemsing Scouts  
Kemsing Wildlife Society  
Move It or Lose It  
Pilates  
St Mary's Baby & Toddlers  
Zen Yoga

Full information, in alphabetical order, is detailed below.

**1st Kemsing Rainbows** meet on Wednesday afternoon's, 4.30-5.30pm - term time only. For girls aged 4-7 years old, although we only take in the younger girls, in the term of their 5th birthday.

The unit is run by Diane Treloar and Vicky Hamblton. Contact details [d.treloar@btinternet.com](mailto:d.treloar@btinternet.com).

We are popular and do have a waiting list so best to get a child's name registered at the earliest opportunity.

The guiding programme provides varied activities. The girls have time to enjoy painting, cooking, craft, playing games etc. We like to get out and about in the warmer months, going on rambles, bug hunts, playing in the park, running a football or tennis session. We raise money for charity, have gone on day trips in the past pre Covid, which we hope to reintroduce.

The rainbows earn at least one badge a term and have lots they can work on at home.



Above photos show the rainbows made fruit chicks and turtles for their fruit and veg badge.

We displayed a poster in the library showing what the girls did to earn other interesting badges.

**3rd Kemsing Brownies** is held on a Tuesday afternoon 4.30-6pm during term time. This is a group for girls aged 7-10years and we are part of Girl Guiding UK. The group is run by Emma Schwarz and Diane Treloar and we can be contacted at [kemsingbrownies@gmail.com](mailto:kemsingbrownies@gmail.com).

The girls enjoy a range of activities including night hikes, themed parties, craft, science experiments and games. This year we have worked on our First Aid badge (and have been lucky enough to have a talk from a helicopter paramedic), planting and growing seeds, making cards for the Queens Jubilee and celebrating with a party and ending the term with a big bang thanks to one of our ex Brownies coming back to perform science experiments with the group. Next year the girls have planned a rock climbing session, more parties and want to try their hands at making bath bombs and ice-cream.

### **Badminton [mornings]:**

Thursday morning badminton aren't seeking players at the moment  
It is a regular all-year commitment.

If interested to be put on a waiting list contact: [maryosullivan74@hotmail.com](mailto:maryosullivan74@hotmail.com)

**Badminton [evenings]:** We are a friendly group in need of new players on these two days:

Tuesdays evening 7pm till 10pm mixed beginners and new players  
Thursday evenings 8pm till 10pm a reasonable standard of play.

It only costs £3.00 paid on the evening.  
Even a cuppa and biscuit is on offer.

Contact Brian: [briancallaghan52@hotmail.com](mailto:briancallaghan52@hotmail.com)



### **Badminton:**

Monday pm 2.00 – 3.00 pm

This mixed ability group is organized by Ann Taunton

Contact Ann by email: [ganda.taunton@btinternet.com](mailto:ganda.taunton@btinternet.com)

### **Boxing Club: Kemsing Amateur Boxing Club:**

meet every Monday & Wednesday 6.15 to 7.45

Everyone is encouraged in a caring and responsible manner. Young people are taught to use their skills in the boxing ring only.

Kenny has usual attendances of 10 boys or girls, with age ranges of 8 to 25 years. Cost £20 per month.

For more details contact: Kenny Libretto 07 887 503 075 or by email: [kennylibretto65@gmail.com](mailto:kennylibretto65@gmail.com)



**Coffee Morning:** this is held in the small hall on Thursdays at 10.00 am.

It is run by Heather Rowe who can be contacted by email: [heathdown.cats@btinternet.com](mailto:heathdown.cats@btinternet.com)

**Hamlet Dance Classes:** these are held at St. Edith Hall on Thursdays after school during term time. They are run by The Judy Hamlet School of Dance in the small hall. Children from Kemsing Primary school and several other surrounding schools, take part in Modern/Street Dance and Ballet Classes.



The age of students, ranges from 3-18 years and all levels of dancers are welcome. We work towards accredited exams and invite parents in to watch the children perform at the end of term.

For details contact Judy Hamlet by email: [judithhamlet@outlook.com](mailto:judithhamlet@outlook.com) or on 07 971 679 055.

For more details go to our website: [www.jhdance.co.uk](http://www.jhdance.co.uk)

**Kemsing Evening WI:** meet on the 2<sup>nd</sup> Wednesday of each month at 7.15 for 7.30pm in the small hall.

We enjoy a lively programme of talks from a huge variety of speakers and demonstrators and arrange trips and outings on a regular basis. At present we have 40+ members and by being part of the larger National WI organisation are able to participate in many local and national events. We are a lively group, with a variety of ages, so if you are new to the area or would like to meet some new ladies, please come along to one of our meetings or email me for further details [janeteaton@tiscali.co.uk](mailto:janeteaton@tiscali.co.uk).



The WI has a strong tradition in Kemsing, being the home of the 1st ever WI in Kent and only the 6th in Great Britain, we are more interested in looking forwards than looking too much at our past. Janet Eaton, President.

## Keep Fit with Kay:

10 – 11.00am Tuesday morning in the large hall. A low impact exercise class for the more mature bodies. I've been running this class at St Edith Hall, Kemsing for over 25yrs. The class incorporates stretching, toning and a little



low impact cardio. I vary my class week to week, adding chair work with use of resistance bands and or floor work. On occasions I teach a simple step routine, which often raises a smile.

We always finish with relaxation. The morning is not just about the exercise. The group is friendly and socially active and look forward to our well earned coffee and chat at the Bell across the road. All are welcome whatever your age or fitness. Just bring a mat and a drink.

Contact Kay on 07 752 571 616 or by email - [kjw65@btinternet.com](mailto:kjw65@btinternet.com)



**Kemsing Gardeners Society [KGS]:** We are a group of flower and plant loving people and some of us are avid gardeners! KGS has been going for 70 years and was recently saved from closure by a young and enthusiastic group of new Committee members. We hold 3 Flowers Shows per year in St. Edith Hall, which also includes fruit, vegetables crafts and cookery.

Each year we have 3 talks; the next will be "50 Greys of Shade" by Colin Moat on 13 Dec. in the Small Hall at 7.30 pm.



Spring Show - Saturday,  
1<sup>st</sup> April 2023  
Summer Show –  
Saturday, 8<sup>th</sup> July 2023  
Autumn Show -  
Saturday,  
16<sup>th</sup> September 3023



Chairman is Joe Kortum who can be contacted by email: [kortum@talktalk.net](mailto:kortum@talktalk.net)

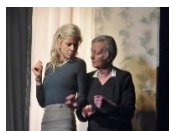
Hon. General Secretary: Hilary Curtis who can be contacted by email: [jimnhilary@gmail.com](mailto:jimnhilary@gmail.com)

**Kemsing Heritage Centre:** has its own website.

For details click on: <http://www.kemsingheritagecentre.org.uk/>



## Kemsing Players:



The Players have been entertaining the village for seventy years, putting on two shows a year in St Edith Hall every April and November. Recent productions have included *Rebecca*, *Dial M for Murder*, *The Hound of the Baskervilles*, *Arsenic and Old Lace*, Agatha Christie's *The Hollow* and *Brassed Off*. We're a community amateur theatre group and we welcome anyone who is interested in getting involved, whether you have years of stage experience or have never acted before. If performing doesn't appeal but you would like to join a friendly, fun group we are always looking also for people to help



backstage (lighting, sound, set-building, costumes etc) and front of house (welcoming the audience, serving refreshments). Pictures taken from the last 6 shows

We rehearse twice a week – usually Mondays and Thursday evenings – in the Garden Room of the Bell and we also run a wide variety of social activities throughout the year.

For further information please contact Sue Davnall (Chair) on 01732 760299 or at [suehdavnall@gmail.com](mailto:suehdavnall@gmail.com) or Yvonne Watt (Membership Secretary) on 01732 762043 or at [yvonnewatt291@live.co.uk](mailto:yvonnewatt291@live.co.uk)

**Kemsing Scouts Jumble Sale:** is held in St Edith Hall on Saturday, every spring & autumn. Look out for posters on every village notice boards.

**Kemsing Scouts:** hold all their meetings in the Scout Hut on the Recreation Field

Beaver Scouts	6 - 8yrs	Thursday	5.30 – 6.45pm
Cub Scouts	8 -101/2	Monday	6.30 – 8.00pm
Scouts	101/2 - 14	Friday	7.30 – 9.00pm

Contact: [gsl@kemsingscouts.org.uk](mailto:gsl@kemsingscouts.org.uk) for more information.

**Kemsing Singers:** meet on Monday evenings at 7.30pm.

We were founded in 1964 in the village of Kemsing and have rehearsed and given concerts in St. Edith Hall continuously since 1965. We have members from Kemsing and others from the broader Sevenoaks district. The 50 strong choir gives at least three main concerts each year, frequently supporting local charities and charitable groups. The choir's large repertoire includes some major choral classics and many shorter, lighter songs from musicals to madrigals and everything in between, including songs from shows and popular songs! Singers and audiences enjoy the variety. Our aim is to have fun and lots of fine singing.

Robin Edmunds, our President and a founding member, and Frankie our Concert Manager live in Kemsing and ensure that we are part of and have close ties with the Kemsing community.

Sara Kemsley, our amazing Musical Director, makes sure that we have fun during rehearsals as well as working hard to ensure that our singing is of a high standard and pleasing for our audiences.

Peter Young is our talented accompanist, singer, composer and friend who has been a major contributor to the success of the choir for many years.



We have a break in the summer but start singing again in September. Our rehearsals on the 12th and 19th September 2022 will be "open rehearsals" when we invite you to join us. Sing, listen, and chat as you feel comfortable, we are very friendly. New members are always welcome.

To find out how much fun we have, and for more information including how to contact us, go to

[www.kemsingsingers.com](http://www.kemsingsingers.com) or follow us on Facebook and Twitter @kemsingsingers.

Or email us at [info@kemsingsingers.com](mailto:info@kemsingsingers.com)

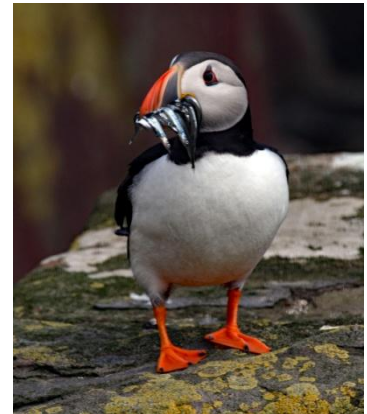


Kemsing Singer's Performance in the Main Hall.

## Kemsing Wildlife Society:

The Kemsing Wildlife Group meets monthly from October to May to receive presentations from naturalists and enthusiasts on various wildlife subjects. Meetings are held in the Small Hall on the second Friday of the month from 7:30pm until 9:30pm.

Contact Colin Peters for more information about the group by visiting our website: [www.kemsingwildlifegroup.weebly.com](http://www.kemsingwildlifegroup.weebly.com)



**Lunch Club** Lunches are available for the older people of the village, on Wednesdays from 11.45 - 14.00 pm.

It is run by Brenda Dearing who can be contacted on: 01959 522112 and Jackie Chisholme who can be contacted on: [jackie.chisholm@me.com](mailto:jackie.chisholm@me.com) or 07 788 756 836.

They start with a welcoming cup of tea or coffee, followed by a 2 course lunch with fresh vegetables and a glass of wine or fruit juice. Dessert is followed by tea or coffee.

All for a very reasonable £5.

Helpers to join our happy team are always welcome!

Diners on Wednesday 1st June Lunch Club had a Jubilee celebration meal and were treated to a musical accompaniment from Ukrainian violinist Vladlena.



**Move It or Lose It.** Wednesday's 1.30 - 2.30pm in the large hall.



Turn back the clock with this fun and friendly exercise class. Developed by experts to help you improve your flexibility, aerobic health, balance and strength for greater or continued independence.

Helping you stay active so that you can enjoy doing the things

you love for longer. This is a really fun, social class, bringing the community together. All classes can be done seated, standing with support or free standing, perfect for lady and gentlemen seniors, everyone is welcome. Classes are £5, please bring water with you.

For more information please contact Tracy by email - [tracy@tracyjaynefitness.com](mailto:tracy@tracyjaynefitness.com) or 07 713 639 366



## Open Door:

Meet Monday morning 9.45 – 11.30am, for details contact: [hmandjmwilliamson@hotmail.com](mailto:hmandjmwilliamson@hotmail.com)

**Pilates:** Thursdays 12.45 – 13.45 with Rebecca Rogers. For details contact: [rebecca.rogers66@gmail.com](mailto:rebecca.rogers66@gmail.com)

**Pilates:** Fridays 9.15 am. This is run by Jackie Whitley.

They start again on Sept 2<sup>nd</sup>. Her class focuses on joint mobility and quality of movement and aims at developing body awareness. Jackie is Body Control Pilates qualified with a higher level qualification in low back pain. The class is mixed ability and aimed primarily at the over 60s but it is suitable for anyone with an injury or just starting back to exercise.

We are a friendly group and we have fun! Class numbers are limited but there is currently space available.

To enquire, please email Jackie at [jwpilates@btinternet.com](mailto:jwpilates@btinternet.com)

**St Mary's Baby & Toddlers:** meet at 1.45 pm Mondays term time at St Edith's small hall.

It's cool in the summer and warm in the winter!! There is plenty of space to play, craft if wanted and lots of storybooks for people to share. There's space and time for carers and parents to chat over drinks and biscuits.

Time 1.45 pm until school pick up time 3.15. Everyone welcome no charge but donations, if able.

Contact Ruth Mason by email: [rmason@argonet.co.uk](mailto:rmason@argonet.co.uk)

## St Edith Club:



St Edith Club is attached to the St Edith Hall with their own separate entrance on the front of St Edith Hall.

Their website is currently under reconstruction.

**Zen Yoga:** Would you like to take time out for yourself and improve your health? There is a brand new weekly Zen Yoga class starting on Thursday October 6th in the small hall, 7.30 – 8.45 pm.

The class is led by Mulika, who is a Yoga Alliance Registered Zen Yoga Teacher, with additional First Aid, Mental Health First Aid, and Trauma Sensitive Yoga Training qualifications.

Thursday classes are mixed ability and ideal for beginners & intermediate. You will work consciously with breath and alignment to include posture work, breathing exercises, relaxation and lots of laughter. With regular yoga practice, you can expect to move more easily in your body with less aches, feel revitalised & energised and have increased awareness of your internal resources.

All you need to bring is a yoga mat and a bottle of water to keep hydrated. No special clothing is required, just something stretchy that you can move around in. PAYG is £13. Class Pack per term is £10 per session. Concessions are available upon request.

Contact: [hello@radicalheart.co](mailto:hello@radicalheart.co) or 07469 632 724